



Chapter FL1- M Suncoast Wings Newsletter

We are the M & M's

Goldwing Road Riders Association

Region A - Florida District

Clearwater, Florida

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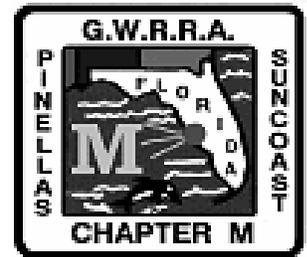
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**Friends for Fun,
Safety & Knowledge**



GENERAL MEETINGS

3rd Thursday @ Stacey's Buffet
1451 Missouri Avenue North
Largo - Dinner @ 6:00 PM
Meeting @ 7:30 PM

KICK TIRES

1st, 2nd, & 4th **Thursdays of
each Month**

Eat at 6:00

Meet at 7:30

**VISIT US ONLINE AT
suncoastwings.com**

National, Regional and District Staff

National

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District Newsletter Editor

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District Webmaster

Millie Prince



GWRRRA
Region "A"
31st Annual Florida District
"Gathering of the Wings"
March 11-13, 2010
Kissimmee, Florida

Believe in "Wing" Magic

A Thought from our Chapter Directors

January AGAIN!

I don't know about everyone else, but to me it seems that January's are getting closer together. Someone must be cutting days out of the other months without me noticing.

December was a very busy month for our chapter, after last night we had about 261 participants in rides (collected over \$60 for the lotto). There are still two more events for the year and the lotto in January will be quite large. The meetings on the other hand will be very small as we only had one kick tire and the general meeting. It was decided not to have a kick tire on Christmas Eve or on New Year's Eve.

Mingle and Jingle was well attended by our members (33 of us) and we were awarded the largest chapter again. Mom & Pop were the oldest rider and co-rider (I know you were all surprised with this). Margie Miller won \$120 (another surprise!) and Betty Probus won the \$300 grand prize. There were also a lot of other prizes won (especially some that Jack received) that I didn't even attempt to record. When you have the largest chapter it is expected that you will win a lot of prizes.

We also had a ride to the VA hospital and Margie Miller cut stars out of US flags and Cathy Sweeney made cards for the veterans. This was a lot of work and it was much appreciated.

Jerry and Nancy were also quite involved in our activities this month. They arranged for us to ride in the Safety Harbor parade, delivered blankets to the Haven House (this is a place for abused men or women and children to go), Grace House (this is for families that have lost their jobs and homes), and also to visit Tweedt's Lanes. While visiting Tweedt's Lanes we were introduced to a reporter and photographer for the Largo Leader. They obtained many photographs of our bikes and also interviewed several of us about our organization. There will be an article in the Largo Leader about us sometime in the next couple of weeks and possibly in the St. Petersburg Times also.

The rides through the neighborhoods have been well attended and it is gratifying to see everyone come out and wave to us and wish us Merry Christmas. One of the best locations was when we rode around Tyrone Mall as the shoppers left the stores to come out on the sidewalk to see and greet us. There were even salesclerks that walked out. We received many positive comments on seeing our bikes with all of the lights and decorations. This is the type of PR that we are looking for.

Ron & Kathy Jackson, Sr. Chapter Directors



Asst Chapter Directors—TRACY AND SHARON DUNN

We hope everyone has had a wonderful HOLIDAY SEASON!!

There were plenty of lighted bike rides in December even when the weather did not cooperate. During our 11 years with the Chapter, we have never seen such a wet December that affected our Christmas rides.

The Christmas Party was a huge success with plenty of food and fun for all. During the Christmas Party, our 2010 Chapter M Couple of the Year was announced. CONGRATULATIONS to Pete and Evona Pawlik.

Also congratulations to John and Carole Titus who were chosen Couple of the Year 2010 at their home Canada Chapter.

A special Thanks to Joyce Hartley for making our M&M lanyards for our COY couple.

A special Thanks to Bill and Margie Miller for their hard work setting up the hall for our party.

It really takes the help of EVERYONE to make this chapter a success.

Mingle and Jingle was fun and rewarding. As usual, Chapter M was the largest attending chapter. We also claimed the majority of the prizes, with Betty Probus winning \$300. At the lighted bike judging, Chapter M took home 4 trophies out of 5 awarded...

1st place bike-Cathy Sweeney

2nd place bike-Paul and Sue Bowser

1st place combo-Slinger Sanderson

2nd place combo-Sharon Dunn

Debbie Magness and Nancy Costell did a great job shopping and coordinating (along with Jerry) with the gifts for the children at Grace House, the homeless shelter for families.

Everyone seems to have some new ideas for next year so December 2010 may be busier than this year.

On a sad note, the Chapter family of FL1-M expresses sympathy to Pete Pawlik on the loss of his mother. Your friends share in your sadness.

Tracy and Sharon Dunn



ASST. CHAPTER DIRECTORS—BUZZ AND BETTY PROBUS

GoodBye 2009--- Hello 2010”

The old saying “time flies when you are having fun” is true of this past year!

December will be remembered for the “Night Lights” riding! What a beautiful and imaginative display! Our chapter is very creative with the Christmas decorations and it is a joy to see the awe on the faces of all who behold our entourage! Lots of “WOWS”!

Although we do a measure of benevolent contributions, we don’t want to lose sight of the “Friends For Fun and Safety” part of our Chapter and we want input from all of our members for possible future destinations! We look forward to riding with you in the New Year!

Your ACD's

Betty & Buzz Probus



Chapter Educators—Ken and Sue Stagner

HYPOTHERMIA

Lets talk about the human heating and cooling system. To understand the tactics for protecting the body, let's remember how the human heating and cooling system functions. The body burns food to generate heat, and pumps warmed oxygen-rich blood throughout its system. Blood near the skin surface gives off heat to the air. The lungs absorb oxygen from the air and expel warm water vapor and carbon dioxide. The body automatically adjusts blood pressure, blood flow, and breathing rate to maintain an almost constant temperature of the central core (HEART, LUNGS, KIDNEYS, and other organs) regardless of outside air temperature. If the core temperature begins to increase or decrease, the system quickly attempts to correct it. A core temperature that is too cold is called hypothermia. Only a couple of degrees below normal temperature can be life threatening. When the body senses a drop in core temperature, the response is to shut down blood flow to the extremities, starting with fingers and toes. What isn't so obvious is that the head is an extremity, too. Large arteries along both sides of the neck carry warm blood to the head. So when the heating system decreases blood flow to the extremities, there's also less blood and oxygen going to the brain. The bottom line is that as you become hypothermic, your woozy brain may not be able to recognize what's happening. For motorcyclists, the hazard is that a chilled, oxygen starved brain starts making silly mistakes. At first, maybe it's just stopping the bike without putting a foot down, or cruising off the road onto the shoulder. It should be obvious that in a hypothermic state, a rider can make serious or even fatal control errors such as crossing the centerline or going wide in a turn.

If you or your riding buddies appear to be confused, can't seem to stay awake, or start making silly riding mistakes, that's a sign hypothermia is setting in. Other symptoms include irritability, slurred speech, loss of attention, lessening of pain, and stiff muscles. The symptoms are similar to being intoxicated. Shivering is a good sign—it means your body is still trying to generate more heat. When shivering stops in cold conditions, you're in trouble.

When you recognize the symptoms of hypothermia in yourself or in other, get emergency assistance immediately. Hypothermia is a life-threatening emergency, even if the hasn't lost consciousness or crashed the bike yet. The top priority is getting the victim warmed up. If you're in an exposed outside location, get the victim out of the wind, cover him or her, volunteer to share body heat. Get on the phone, or CB- get some help now.

RIDE SAFE AND HAVE FUN

Ken and Sue Stagner



NEW CHAPTER M MEMBERS

We would like to welcome our new members to the family of FL1-M

Mary Claypool works at Honeywell

Bill Lattanze (Mary's dad) is her co-rider and retired

They ride a 1800 Goldwing

When you see them, please welcome them and make them feel at home with us!!



Chapter M Lighted Bike Display for 2009 Holidays

Chapter M has a tradition of illuminating our bikes for the various events that we participate in during the Christmas Holiday Season. Initially our decorations were tinsel and stuffed teddy bears or Christmas objects that we secured to our bikes. Eventually we found that we could mount small strips of Christmas lights which were powered by flashlight batteries. However, now that the technology has improved we have found that we can power hundreds of lights, which are steady glowing or multiflashing, off of our 12 DC batteries. Not only do we now have the bikes well lit with lights, but we also use animated objects and music as part of our moving bike displays.- all from our bike battery or a secondary automotive style battery that we place somewhere on our trailers or other locations.

Each year we are requested to drive through local area communities to display our bikes. Additionally we visit the local VA hospital and centers established for needy families in hopes that our lights will help brighten up the lives for those less fortunate. The response that we receive when we are on the roadways to the destinations that we set out for is amazing. The "Merry Christmas", "That is Awesome !" and those that honk their horns and wave as we pass are just a little bit of the reception that we get. I suppose you might say that is the way we hope to spread just a little holiday cheer.

Paul Begin



Mingle Jingle

The Mingle Jingle is my favorite event of the year, with all the holiday excitement and getting my motorcycle and trailer decorated for the parades. We had a great turn out like we always do and it helped that the weather was just perfect. Our chapter won many prizes and received a lot of trophies which we are proud of as we all take pride in our chapter. We all had fun together, eating, playing games and visiting with other members and chapters. The food was good as it always is and we all filled up. We of course ate again at the Village Inn before the bike decorating judges looked over the bikes.

I along with our other members agree we should get a trophy for the most members attending as well as best dressed. We have a wonderful group of people and we keep getting bigger and better. I am proud to say I have been a member of GWRRA since 1987. Nickey and I have traveled many miles together with the group and on vacations by ourselves or with friends, she doesn't ride much now but she has done her share of miles in the past.

This year we took four of the trophies for best lighted bikes. Guess what, I won first place for best lighted combo. I spent a lot of time decorating my bike and trailer and I am very proud that I won first place, it made my day!! Cathy Sweeney won first place for best lighted bike congratulations to her as well. Thanks Cathy for all the nice photos you take and send out to all of us.

As Always,

Slinger

CHAPTER M'S CHRISTMAS SPIRIT

What a busy month we had and what FUN!

We started out with a Kick Tire at Wing House with all the lighted bikes.

Then the annual ride through Park Royale, which the residents really appreciate and wait for, followed by sandwiches, dessert, and hot cider at the club house. We then went to Candy Cane Lane.

Our Christmas Party was a huge success and a great time was had by all.

We got rained out for the ride through Gull Aire Village but did do it the following week, followed by dinner at Cop Shop with the lighted bikes on display. Rainy and cold on this night but we all toughed it out.

We also got rained out on the night we were to do Paradise Shores ride (Ever seen so much rain in Florida in December??) We did it the following week, the residents were amazed by our bikes, and followed up with desserts, LOTS of them, at the Paradise Shores club house. After spending some time with the residents, we rode to Pass A Grille beach, stopped at the McDonald's on Gulf Blvd., then rode Gulf Blvd to Clearwater, where some of us stopped at the Village Inn.

Mingle Jingle was a fun rally, as usual, and Chapter M took home many prizes and trophies.

We rode to the Bay Pines VA Nursing Home and chatted with some of the residents, followed by a great ride, led by Tracy Dunn, through shopping malls and down to St. Petersburg where we rode the Pier and then around the city. We drew much attention. A lot of us stopped at Village Inn on the way home to dry out and warm up, since it also rained lightly on and off all night.

The next day we rode in the Safety Harbor parade, went to dinner at the Savory, followed by a ride through Twedt's Lanes. We then rode through Del Prado subdivision, followed by a driveway party at Pete and Evona Pawlik's.

The following night we went to Grace House to deliver the Christmas presents to the children there. The lighted bikes were a big hit. The families were so appreciative that it made all the hard work worth it. The children's smiles were priceless.

All in all, our lighted bikes drew much attention wherever we went and we enjoyed the nice comments. It was also great, favorable PR for our chapter.

Margie and Bill Miller



2010 FLORIDA GWRRA EVENTS

- Jan 9 & 10.....CD conference, Kissimmee
- Jan 16.....FL2-L Rally, Lakeland
- Jan 24.....FL1-F Multi Chapter Breakfast, Titusville
- Jan 30.....FL1-O Chili Run, DeFuniak Springs
- Feb 19-20.....FL1-A2 Fun Days, Tallahassee
- Feb 25–Mar 7.....FL1-H Gold Wing Getaway, New Smyrna Beach
- Mar 02.....FL1-G "The Real Florida Tour"
- Mar 11-13.....Florida District Wing Gathering, Kissimmee**
- Mar 27.....FL2-B2 Spaghetti Social, Sarasota
- Apr 10.....FL1-B Road Rally, Seffner (Date Change)
- Apr 18.....FL1-E2 Amer. Diabetes Assoc. Poker Run
, Ft Walton Beach
- Apr 24.....FL1-W Green Eggs and Ham, Orlando
- May 1.....FL1-L2 Multi-Chapter Poker Run, (FL1-A,
FL1-D2, FL1-M, FL1-K2)
- May 15.....FL1-Y Chapter Rally & Poker Run, Gaines-
ville
- Jun 30-Jul 3.....Wing Ding, Des Moines, IA**
- Sep 16-18.....Region "A" Rally, Eufaula, AL**
- Oct 9.....FL1-X Chapter Rally, Orange Park

Special Days

January

Birthdays

Lucy Giocondo 6
Alice Gardner 8
Cathy Sweeney 11
Austine Barbour 15
Tracy Dunn 15
Alan Houston 16
Jim Jackson 18
Paul Begin 20
Jean Stevens 22

Anniversaries

Frank & Pam Hardy 26

February

Birthdays

Jimmy Kersey 7
Ron Lantz 8
Jean Garrison 17
Fred Hartley 19
Carole Titus 23
John Titus 23



THANK YOU

Recently, [Curtis Palmore](#) and [Ken Stagner](#) donated a large screen TV to the residents of Park Royale Mobile Home Park.

Chapter M holds many functions at the Park Royale club house and when the former large screen TV no longer worked Curtis and Ken offered one that was at the Motorcycle Training site but was not being used.

[The residents of Park Royale](#) extend their thanks.

Submitted by Margie and Bill Miller

January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



Schedule of Events For January

- Jan 2 Honey Do
- Jan 3 Remembering Doug Ride RM 9:00am
- Jan 7 Kick Tire Village Inn-Gulf to Bay 7:30pm
- Jan 8-10 CD Conference
- Jan 9 Cathy's Surprize Ride RM 9:00am
- Jan 10 Strawberry Run Parksdale Farms RM 11:15am
- Jan 14 Kick Tire Cosmo's—6800 49th St 7:30pm
- Jan16 FL2-L Lakeland Rally RM 8:30am
- Jan 17 Honey Do
- Jan 21 General Meeting Stacy's 7:30pm
- Jan 23 Manatee Ride RM 8:30am
- Jan 24 Dessert Ride RM 6:30pm
- Jan 25 Council Meeting 7:00pm
- Jan 28 Kick Tire Los Mariachi's 9100 Ulmerton Rd 7:30pm
- Jan 30 Riding EAST RM 9:00am
- Jan 31 Honey Do

February 2010

Schedule of Events For February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

- ◆ Feb 4 Kick Tire Sunset & US 19 7:30pm
- ◆ Feb 6 Dessert Ride 6:30pm
- ◆ Feb 7 Heading North Ride RM 9:00am
- ◆ Feb 11 Kick Tire BJ's Parkside Mall 7:30pm
- ◆ Feb 13 Ride to Micanopy RM 9:00am
- ◆ Feb 14 Chapter Auction Park Royale 1:00pm
- ◆ Feb 18 General Meeting Stacy's 7:30pm
- ◆ Feb 20 Mount Dora RM 9:00am
- ◆ Feb 21 Honey Do
- ◆ Feb 22 Council Meeting 7:00pm
- ◆ Feb 25 Kick Tire Cop Shop Tampa Rd 7:30pm
- ◆ Feb 27 Fly Wheeler Ride Fort Meade RM 8:30am
- ◆ Feb 28 Honey Do



www.mms.com

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**All CHAPTER M RIDES LEAVE FROM
McDonalds at the corner of Nursery Road and US 19 North
PLEASE HAVE A FULL TANK OF GAS**

If you have changes in your address, telephone home/cell phone numbers or e-mail address send them to dunbo@tampabay.rr.com or call Sharon or Tracy Dunn at 727-544-2961. We would like to keep our records up to date.

GOODY SALES

If you want Chapter M shirts or patches, flags, decals, please call us ahead of time at 727-517-3552 . We will bring them to the kick-tire or General Meetings.

A limited number of Chapter helmet hangers are available. Please contact Pete or Evona Pawlik @ 727 517-3552 for details.

We are pleased to announce that our Goody Sales representatives have greatly increased the variety of apparel that you can now order. In order to view these items, please request that they show you the new attire catalogue that they have made up. You can also view these items by visiting our website and clicking on the "For Sale" button on the home page and then following the directions on the page that comes up. If you are viewing this newsletter on the web, just click on the underlined text to access these items.
<http://suncoastwings.com/Attire/attireindex.htm>

To put ads in this newsletter, you must be a member of Chapter M or GWRRA. Space permitting – New ads will be allowed to have a short paragraph of about 2-5 lines describing the item for sale, plus up to 3 colored pictures. The editor may adjust wording, and size of pictures will be adjusted to fit space available. If you want to continue running the item for sale, you must let the editor know and it will be edited to 1 or 2 lines and no pictures. Ads may be e-mailed or given directly to the editor. Once the item sells, please let the editor know so it can be removed.



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FOR SALE

Show Chrome low profile Contour Trunk Rack for GL 1800. Chrome with non-slip rubber inserts. Works best without spoiler. Item is new...was only on the bike 2 weeks MSRP list \$249.95. Will sell for \$125. Tracy and Sharon Dunn (727) 544-2961

FOR SALE

Half helmets, gloves, half cover, sidewinders, helmet liners, microphone covers riding boots size 10 1/2, leather jackets (2), golf shoes and other things. My email is: dirt-boss41@yahoo.com and home phone is 727-799-5452, cell 727-251-9350. Please feel free to contact me for more information. Lynn Lijewski

FOR SALE

Schwinn Airdyne exercise bike. Absolutely like new. Excellent for arms and legs. Just don't have room for it anymore. New price \$600, asking \$150. Bill Barbour 727-531-5093

FOR SALE

Ladies black leather Chaps with braid on side, size XS, never worn \$20
Hondaline Goldwing Jacket, maroon, men XL, \$35. Call Jim or Pat (727) 535-8268